



CAPITOL COMMISSION®

Mary's Magnificat

FEBRUARY 19, 2026

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Luke 1:45-56 *“Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord.” 46) And Mary said: “My soul magnifies the Lord, 47) And my spirit has rejoiced in God my Savior. 48) For He has regarded the lowly state of His maidservant; For behold, henceforth all generations will call me blessed. 49) For He who is mighty has done great things for me, and holy is His name. 50) And His mercy is on those who fear Him from generation to generation. 51) He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. 52) He has put down the mighty from their thrones, and exalted the lowly. 53) He has filled the hungry with good things, and the rich He has sent away empty. 54) He has helped His servant Israel, in remembrance of His mercy, 55) As He spoke to our fathers, to Abraham and to his seed forever.” 56) And Mary remained with her about three months, and returned to her own house. (NKJV)*

BLESS THE LORD, O MY SOUL; AND ALL THAT IS WITHIN ME, BLESS HIS HOLY NAME! BLESS THE LORD, O MY SOUL, AND FORGET NOT ALL HIS BENEFITS. PSALM 103:1-2

Is this final beatitude of Elizabeth to Mary in contrast to her husband? Is this a prayer or a song of thanksgiving? What is the most important foundation of Mary's praise to God? Would Mary have allowed anyone to call her “The Queen of

Heaven? Is she rejoicing in her Son? Who is the focus of this entire song? Does every sentence come from Scripture? Is the work that her Son will do, spoken of as if He as already done it? Why does Mary only remain with Elizabeth three months?

FOCUS ON FUTURE BIBLE STUDIES:

- FEBRUARY 26: LUKE 1:57-66 *THE MIRACULOUS BIRTH OF JOHN*
- MARCH 5: PASTOR JORDAN FANARA, LUKE 1:67-80 *THE PROPHECY OF THE PRIEST, ZACHARIAS*

Mary is amazed at the privilege to be the mother of the Messiah! Gabriel appeared to her and told her to “*Rejoice, highly favored one, the Lord is with you!*” He had continued, “*And behold, you will conceive in your womb and bring forth a Son, and shall call His name Jesus. He will be great, and will be called the Son of the Highest; and the Lord God will give Him the throne of His father David. And He will reign over the house of Jacob forever, and of His kingdom there will be no end.*” When Mary questions how she can have such a Son all by herself, Gabriel explained, “*The Holy Spirit will come upon you, and the power of the Highest will overshadow you; therefore, also, that Holy One who is to be born will be called the Son of God.*” As Mary is contemplating her virgin birth of the Messiah, Gabriel gives her another sign, “*Now indeed, Elizabeth your relative has also conceived a son in her old age; and this is now the sixth month for her who was called barren. For with God nothing will be impossible.*” Mary believed, as revealed by her response: “*Behold the maidservant of the Lord! Let it be to me according to your word.*” In haste she treks about 100 miles to see Elizabeth. Another sign occurs when they meet: Spirit-filled John leaps in her womb for joy at hearing the voice of the mother of his Messiah, and Elizabeth also is “*filled with the Holy Spirit.*” With a shout heard by all her neighbors, she proclaims to Mary, “*Blessed are you among women and blessed is the fruit of your womb!*” Then expresses her privilege, “*But why is this granted to me, that the mother of my Lord should come to me?*” Without a word from Mary, Elizabeth supernaturally knew that she was carrying the Messiah in her womb!

BIBLE STUDIES

THURSDAY @ 6:30 AM –PRAYER MEETING – GAB 14TH FLOOR SPEAKER’S CONFERENCE ROOM

THURSDAY @ 7:00 AM –BIBLE STUDY – GAB 14TH FLOOR SPEAKER’S CONFERENCE ROOM

Virginia

Mary's Magnificat

**BUT THE MERCY OF THE LORD IS FROM EVERLASTING TO
EVERLASTING ON THOSE WHO FEAR HIM. PSALM 103:17**

I. SINGING OF HER SAVIOR LUKE 1:45-47

The Holy Spirit even revealed to Elizabeth Mary's response to Gabriel, and she pronounces her final beatitude upon Mary, "*Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord.*" Nothing could have rejoiced Mary's heart more than this complete confirmation of all that had been told her by Gabriel, and even her response was being praised by this godly older relative. So she began to sing a song that she had no doubt composed as her heart rejoiced in every step of her long trek South. "*My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.*" Mary knew that she was a sinner in need of a Savior and she placed her faith in God, the only one who could save her from her sins. She also knew that she was to name her Son "*Jesus*," meaning "Jehovah saves." Such was the beginning of her joy. She knew that though she was a sinner, her sins would be covered in the atonement, so clearly pictured by the numerous sacrifices in the Temple, and that her Son, true to His own name, would provide the ultimate salvation. How can the sinner without salvation rejoice, knowing that they are headed for an eternity of punishment in eternal fire, with no hope of mercy from God? Only true salvation "*in God my Savior*" is the basis for Mary's rejoicing in His abundant grace.

**BEFORE ME THERE WAS NO GOD FORMED, NOR SHALL
THERE BE AFTER ME. I EVEN I AM THE LORD, AND BESIDES
ME THERE IS NO SAVIOR. ISAIAH 43:10-11**

II. SLAVERY TO SIGNIFICANCE LUKE 1:48-52

Just as Mary had stated earlier in her response to Gabriel, "*Behold the handmaid of the Lord,*" now she sings of God's

special favor upon her. "*For He has regarded the lowly state of His maidservant.*" She again claims to only be a common slave in her relationship to God and He had chosen her. Though she was from a disreputable place, Nazareth, from the middle of nowhere, among mostly Gentiles, engaged to a common woodworker, and generally poor, God had looked upon her with favor, and from all the women in Israel, He had chosen her to be the mother of the Messiah. Because He is eternal, she knew that she had been blessed with great significance. "*For behold, from henceforth all generations will call me blessed.*" And she acknowledged that it was all from God, "*For He who is mighty has done great things for me, and holy is His name.*" As God's slave she reverently fears Him. "*And His mercy is on those who fear Him from generation to generation.*" Remembering her "*lowly state*," she continues, "*He has shown strength with His arm, He has scattered the proud in the imagination of their hearts. He has put down the mighty from their thrones, and exalted the lowly.*" The singular desire of Mary's heart is to magnify God in His full grace.

**BLESSED ARE THOSE WHO HUNGER AND THIRST FOR
RIGHTEOUSNESS, FOR THEY SHALL BE FILLED.
MATTHEW 5:6**

III. STARVING TO SATISFACTION LUKE 1:53-56

Mary hungered after God so passionately that she constantly memorized and meditated on the Scriptures. Every line of this beautiful song exalts the Lord because it is from Scripture. "*He has filled the hungry with good things, and the rich He has sent away empty.*" The proud and self-sufficient are some of the most empty people on the planet. God would keep His promises to His people and give them their Messiah, "*He has helped His servant Israel, in remembrance of His mercy. As He spoke to our fathers, to Abraham and to his seed forever.*" She rejoices also for her nation in the mercy of the Messiah. Avoiding attention, she returns before the town celebrates the birth of John.

Questions to Ponder:

- 1) Can you sing like Mary because you are forgiven of your sins, having received Jesus Christ as your Lord and Savior?
- 2) As Mary claimed to be a slave to God, do you serve Him or are you still a slave to sins that you cannot conquer?
- 3) Do you hunger and thirst after righteousness so that you are filled with joy in His Word or is your life empty?